



Gratitude, Resilience & Transformation Report

2023



Table of Contents

2.	WHO WE ARE
7.	SERVICES FOR SURVIVORS
9.	OUR PROGRAM REACH
13.	ORGANIZATIONAL TRANSFORMATION
19.	AWARENESS BUILDING
21.	OUTREACH & EDUCATION
25.	EVENTS
29.	MISSION ADVANCEMENT
33.	OUR DONORS & SUPPORTERS
35.	THANK YOU
36.	OUR TEAM
37.	PARTNERS IN WINGS' HEALING MISSION
38.	FINANCIALS

Greetings Wings Community,

We are deeply grateful to you and all of our partners for your continued support in making our healing work possible. It is our honor to share the Wings 2023 Annual Report with you.

In 2023, Wings continued its transformational journey, working diligently to enhance our capacity to provide trauma-informed and culturally responsive services to adult survivors of childhood sexual abuse (ASCSA) and their loved ones from diverse backgrounds.

Key milestones from the past year include the recruitment of clinical managers who possess a strong understanding of serving adult survivors impacted by historical, cultural, and identity-based trauma. Additionally, we proudly joined statewide efforts to address the health equity needs of the underserved survivor communities Wings serves.

Our top priority remains deepening our understanding of racialized trauma and other forms of identity-based trauma, ensuring we meet all ASCSA where they are. Throughout the year, we took consistent steps to enhance policies and practices in our Services for Survivors and Outreach & Education programs, actively implementing these intentions into our work.

In 2023, Wings continued its organizational journey to dismantle systems of oppression that have long created barriers to care for many adult survivors. We invite you to explore these efforts in more detail in the pages that follow.

Now more than ever, as we navigate the complexities of our cultural landscape, our work to address this once-silenced and invisible issue of childhood sexual abuse (CSA) and its impacts on adult survivors is vital.

On behalf of the Wings Staff, Board of Directors, Advisory Council, and—most importantly—the adult survivors, loved ones, and providers we serve, we extend our heartfelt thanks for your ongoing role in our transformational journey toward individual and collective healing.

We cannot do this healing work without you.

With gratitude and best wishes,



Jennifer Stith, MAT, MA
Executive Director




Marti Kovener
Board Chair



WINGS GUIDING PRINCIPLES

INCLUSIVITY

CONFIDENTIALITY

EMPOWERMENT

RESILIENCE

VOICE

SELF-CARE

ACCOUNTABILITY

ADVOCACY

Core Purpose:

Support adult survivors of childhood sexual abuse (ASCSA) to transcend trauma and lead their fullest, healthiest lives.

Mission:

Building systems of support for adult survivors, combining in-depth health expertise with the healing power of community.

How do we do this?

We achieve our mission through ensuring everyone has access to the resources they need to speak about, heal from, and thrive beyond childhood sexual abuse (CSA) trauma. We engage and encourage adult survivors, loved ones, providers, and community leaders to acknowledge the reality of this trauma and respond with care and compassion.

Here's what that looks like.



Like many survivors of childhood sexual abuse, I carried shame that my therapist could address but not like my Wings group. My Wings group **empowered** me to feel part of the world again. I loved my group and will always be grateful for them helping me **find my way again.**

—Wings Support Group Member

Vision: Healthy lives, relationships and communities – for all.

Brand

Promise: *#Space to Heal*

Our Core Program Areas

- CSA trauma informed education and outreach for survivors, loved ones & professionals
- Customized referrals to therapists and other services
- Therapist-facilitated, peer-centered support groups for adult survivors & loved ones
- A new ASCSA C.A.R.E. Collaborative to ignite system change at the community level



Resilience

The process of adapting well in the face of adversity, trauma, tragedy, or significant stress. It describes the ability to 'bounce back' from difficult experiences.

“Trauma doesn’t disappear when you avoid it. If anything, that only makes it worse. Facing it with support behind you makes you feel like anything is possible. More survivors deserve that.”

—Wings Support Group Member

SERVICES FOR SURVIVORS OVERVIEW

Referrals to Qualified Therapists & Other Resources

Finding the right resources and professionals who can help you on your healing journey is not easy to do alone. Wings assists adult survivors in accessing resources to aid them on their healing journey through confidential phone consultations and referrals to individual therapists, agencies and/or other resources.

Therapist-facilitated, Peer-centered Support Groups

Once adult survivors have engaged in individual trauma processing, many find it helpful to connect with other survivors as they move through their recovery process.

Wings offers therapist-facilitated, peer-centered support groups for adults aged 18 and over. Wings support groups are designed to help adult survivors: increase knowledge of CSA trauma, lessen feelings of isolation & shame, increase feelings of self-understanding, and improve healthy relationship skills.

During 2023, Wings underwent a program model update to improve this offering and make it even more effective. Groups are now psychoeducational therapeutic groups, which means they will continue to focus heavily on discussion between group members about the education gained in the Wings' handbook. There is now stronger clinical guidance and adherence to the Wings model informing the structure of these groups.



Healing Guide

Wings' Survivors' & Loved Ones Guide to Healing handbook is a resource used by members in our support groups that features psychoeducational topics for members to learn more about and discuss. This is also a resource we offer for those not in the state of Colorado to purchase for their own self-paced healing journey. In 2023, 36 Healing Guides were distributed to support group members.

Support for Loved Ones

Wings also offers services for the loved ones of adult survivors. In 2023, we conducted a focus group to hear from loved ones on ways we can make the support group experience stronger.

Testimonials From Loved Ones

“I'm grateful that Wings is there and appreciate the work that that they do.”

“What I've learned [is] that some weeks are amazing. And then some weeks are terrible, and triggers exist everywhere, and that you know, focusing on the slow and steady progress and celebrating that is a much better way to go at it.”

“I'm very grateful for the experience I had and hope it continues in whatever form it does. It was really, really nice to have a place to share and be heard.”



OUR PROGRAM REACH

1,430

Support group sessions were attended

463

Individuals were served through all direct services

93

CSA survivors and loved ones attended a support group

358

People were reached through in-person outreach in Colorado

446

Adults were provided intakes, community and therapy referrals, support group readiness assessments, given follow-up support or purchased a Healing Guide

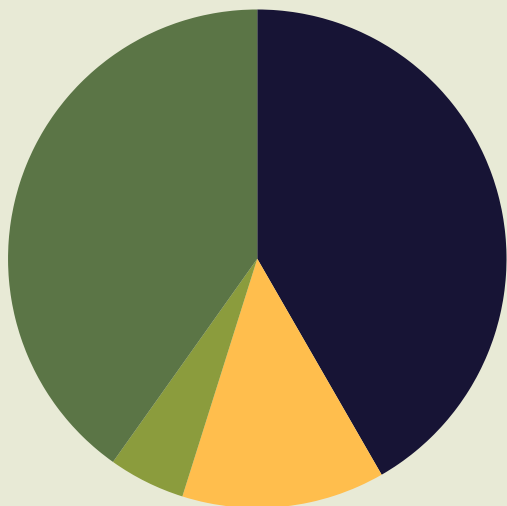
For more information on our 2023 impact, click below.

[Client Evaluation Survey](#)

[Facilitator Survey](#)

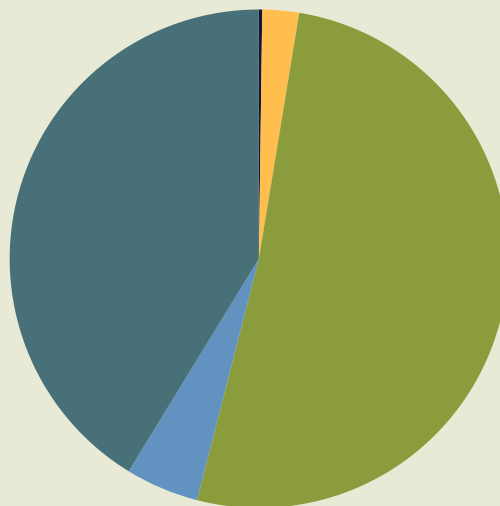
WHO WE SERVED IN 2023

GENDER



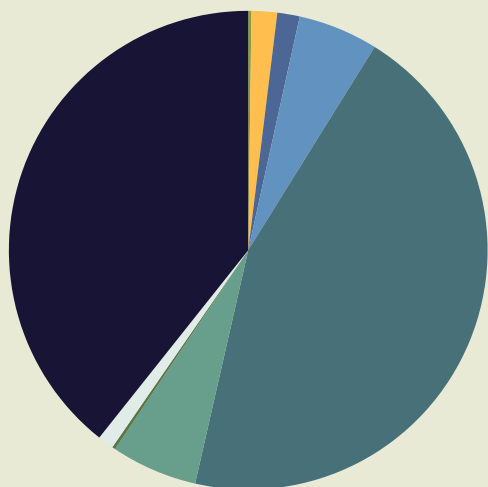
- Female (41.7%)
- Did Not Disclose (40.2%)
- Male (13.2%)
- Nonbinary, Genderqueer, Transgender, Other (5%)

AGE



- 13-17 (0.2%)
- 18-24 (2.4%)
- 25-59 (51.4%)
- 60 and Older (4.8%)
- Not Reported (41.3%)

RACE & ETHNICITY



- American Indian or Alaska Native (0.2%)
- Asian (1.7%)
- Black (1.5%)
- Hispanic or Latino (5.4%)
- White (44.7%)
- Multiracial (5.8%)
- Native Hawaiian or Pacific Islander (39.3%)
- Prefer Not To Answer (1.1%)
- Not Reported (39.3%)

**Not Reported represent a variety of instances. Some are currently receiving services now who did not participate in a Needs Assessment prior to the time Wings began collecting demographic information with this tool in November 2021. Also included are individuals who do not participate in the Needs Assessment for services to include book sales, web inquiries that do not result in referrals or group membership, and/or therapists or other callers seeking information not tied to one individual.*

SUPPORT GROUP MEMBER TESTIMONIALS

“Surviving CSA is tough enough, especially in a family that doesn’t respond to that trauma. Wings has shown me that I have the strength, power, and control to not just survive but to live my life in spite of my past trauma.”

“By using our voices together, we no longer feel the need to hide.”

“Addressing CSA trauma is an immensely powerful and liberating process. Wings has shown me that by bringing this pain into the light and sharing it with others who understand, I can begin to unravel its grip on my life and find healing and solace.”

“It was a very powerful experience to be in a room with people who could relate to experiences I used to feel so much shame for. And also, sometimes the group dynamics can be stressful. Which is scary but can also create a really safe place to learn how to respond in healthier ways to people who are acting out of hurt.”

“I always knew I was not alone as a CSA survivor, but joining a group has reinforced that to a much greater level. Having a space where others completely understand and where I can be completely open and honest and deep is invaluable. The camaraderie and support I get from the group helps me to keep breaking old cycles, discover more about myself, and have the confidence to lay down more boundaries in all my adult relationships. I also want to reciprocate that support to the other members.”

“The Wings group has been the best part of my recovery from CSA. Being amongst other men of similar trauma has helped me know I am not alone and to open up about it. It has helped me more than the one-on-one sessions with my therapist at making connections to how CSA has affected my life.”

“Being true to yourself and it does not matter if you only remember shadows or all of your trauma, you are being heard and supported.”

Transformation

An act, process, or instance of transforming or being transformed; the operation of changing one configuration or expression into another

“Working side by side with individuals from across Colorado who care about diversity, equity, inclusion and belonging was a very rewarding experience. I heard firsthand about the racialized trauma that many of my peers have experienced in their lives. I was able to also bring my own lived experience, as a survivor of CSA and found that others in this program share a similar lived experience. It was powerful to bring these root cause issues to the forefront and create courageous conversations together to improve health equity in our state. These are also conversations we are having within our Wings team and volunteer leadership. We are committed to learning, healing and growing, together.”

— Jenny Stith, Wings Executive Director
in reference to the Make Space Program

DIVERSITY, EQUITY, INCLUSION & BELONGING

Our Journey

Our Wings team, board and support group facilitators continued our transformational journey in diversity, equity, inclusion and belonging (DEIB). We engaged in training and are in the process of adapting all of our program and direct service materials to be more culturally responsive. To do this work, we created a committee of internal stakeholders who work collaboratively to help bring our materials, messaging, and presence into alignment with our core values. We appreciate our community’s patience and partnership in this careful work.



Wings Staff

Wings Board

PROGRAMS ENHANCEMENTS

Enhanced Direct Service Evaluation

Wings is enhancing our support group program model to be offered in greater strength and with more robust long-term sustainability. To inform this work, extensive research was conducted in 2023 on what is most effective in supporting healing from CSA in the adult years and through the group modality. We will be incorporating adjustments to our program model in 2024 based on this research.



Adding to Our Team – Meet Our New Clinical Managers

We are excited to introduce to you our new Clinical Manager of Survivor Services, Posha Zubair, LCSW, and new Clinical Manager of Group Services, Sarah Eisenbud, LPC. You can learn more about them on the [team](#) page of our website. For the first time, Wings has two professionals serving in this important clinical manager role, as we seek to strengthen our capacity and competency to provide culturally responsive services.



Posha Zubair, LCSW



Sarah Eisenbud, LPC

PROGRAMS ENHANCEMENTS

Preparing to Add Additional Support Groups With Enhanced Cultural Responsiveness and New Times Available

In 2023, Wings began assessing our support group schedule with the intent of opening additional opportunities for survivors and loved ones. We also closely monitored our long wait list and worked to recruit support group facilitators to be able to open additional groups in 2024.



Interested in Becoming a Wings Facilitator?

Support group therapist co-facilitators are master's level clinicians who provide guidance, grounding, and hold space for safe connection in Wings' weekly psychoeducational support groups. Our support groups are held virtually or in person and are currently open to anyone living in Colorado. Learn more via our [website](#).



Facilitator Testimonials

“Wings has provided a valuable opportunity to learn about what really works and helps trauma survivors from the survivors themselves.”

“Wings is very supportive of facilitators as well as members. It's a great organization supporting a very important cause.”

“Members and cofacilitators have taught me the importance of affirming clients for their strengths rather than remaining neutral and also self-disclosing my emotional experience toward what they share. Affirming clients and this kind of self-disclosure have improved connection and the safety of the space I provide to clients.”

Expanding Our Health Equity Focus

In 2023, Wings' Executive Director Jenny Stith participated in the Make Space community leadership program hosted by the Center for Creative Leadership and the Colorado Health Foundation.

This 7- month program brought together diverse leaders from around the state to focus on the needs of underserved individuals to improve health equity for all.

The program kicked off in Colorado Springs and concluded with a symposium in Durango. Wings joined other leaders focused on examining the root causes of many mental health and substance abuse issues, with a focus on adverse childhood experiences (ACEs) and the social conditions that lead to the creation of ACEs.

CSA is a key ACE that is often underacknowledged and unaddressed in the adult years. It is also frequently replicated through generational trauma and influenced by wider ideologies of oppression, including white supremacy and patriarchy – both of which normalize dominance and violence to those who are vulnerable. These themes were brought to the Collective Leadership Initiative Community to elevate the needs of adult survivors of CSA and to better understand ways that additional historical, cultural &/or identity-based trauma impact survivors, too.



Make Space participants at the program kick off in Colorado Springs



Make Space Program Participants



Community Advocates in San Miguel County with Wings Executive Director Jenny Stith

AWARENESS BUILDING

Making Resources Available on CSA Trauma

Education and awareness building are critical tools in breaking the stigma and shame that has surrounded CSA trauma for too long. 1 in 5 adults are survivors. Amplifying this truth through facts, as well as through storytelling, is something Wings is committed to bringing to communities near and far. In 2023, Wings' revamped website featured a broad array of topics that can support the healing journey for ASCSA and their loved ones.

Most Viewed Website Pages in 2023

- 1 Intrafamilial Sexual Abuse or Incest
- 2 Resource Library
- 3 About
- 4 Join a Wings Support Group
- 5 What Are The Impacts of CSA Trauma?
- 6 Deciding about Disclosure: Always Your Choice
- 7 Find Services for You



1

Examines incest within families, its link to intergenerational trauma, societal myths, power imbalances, & survivor challenges like victim-blaming.

2

Provides articles, tools, and external links to help adult survivors of CSA, loved ones, and professionals understand the impacts of trauma, learn coping strategies, and access support.

3

Outlines our mission to support adult survivors of CSA through healing-focused programs, resources, and advocacy as well a deeper dive into the history & progress of Wings.

4

Provides information on Wings support groups which provide safe, peer-centered space for adult survivors of CSA to share and heal, facilitated by trained counselors. Groups require participants to meet readiness criteria.

5

Outlines the profound & far-reaching impacts of CSA trauma on survivors. CSA often disrupts critical developmental processes, leading to long-term effects on mental, physical, emotional, spiritual, and relational health.

6

Emphasizes that disclosing CSA is a deeply personal decision, entirely in the survivor's control. Survivors are encouraged to consider their readiness & seek professional or peer support to navigate this decision safely.

7

Details our offerings such as: support groups, personalized therapist referrals, and educational resources to help adult survivors of CSA & their loved ones heal and find community.

OUTREACH & EDUCATION

Revamping Our Materials

Wings has been conducting ongoing outreach and education in the community, while working to create our inaugural Champions of Healing learning series. We are also deep into the revision process for our new Wings Healing Guide which is used as a core learning tool in our support groups. We deeply appreciate every stakeholder and partner who is helping to inform these key projects, as we work to make them even more survivor and loved one-centered, considering the needs of our community members who face additional marginalization. Our desire is that by engaging with our program materials, all adult survivors of CSA will feel seen, heard, valued, respected and that they belong in a collective journey of healing.

Outreach to Providers & Community Partners

Our bilingual REACH (Responsive-Equitable-Accessible-Culturally-inclusive-Healing) Program Coordinator, Jocelyne Becerra Garcia, engaged in relationship building with community partners and peer providers through 36 meetings, events, presentations, and awareness activities in 2023. Relationship building is essential in transforming our culture into one that centers community healing.

Events Attended

- City of Westminster Pride
- Weld County Victims' Rights Week
- Illuminate Colorado's Pinwheel Breakfast
- 17th Search and Rescue Transponder (SART) meeting

Outreach Partners:

- Sexual Abuse Prevention Coalition
- 1st JD's Victim Service Providers
- Jefferson County Sheriff's Office
- Brighton Office for Victim Assistance
- Queer Asterisk
- The Empowerment Program
- DU School of Social Work
- PorchLight Justice Center
- Brave Voices
- El Centro de Las Familias
- Voices Heard
- Well Power
- The Justice and Mercy Aid Legal Center
- Kingdom Builders
- Alternatives to Violence Project in Denver

OUR DIGITAL REACH

Website Visitors:



18,008

Email Subscribers:



4,792

Instagram Followers:



460

Facebook Followers:



2,046

LinkedIn Followers:



402

All social media highlights are accurate as of May 2024.

WHERE DID PEOPLE HEAR ABOUT US?

Community Organizations



Friends



Therapists



The Internet



Service Providers



Past Members



OUTREACH & EDUCATION

Co-Training

Wings partnered with Illuminate Colorado to co-deliver training for professionals on the needs of ASCSA. These included:



Child Welfare Training System - Supporting Parents and Caregivers Who Were Sexually Abused as Children

Wings trained staff from child welfare on the issue of childhood sexual abuse, the ways this trauma impacts adult survivors, and the fact that many parents who move through the child welfare system may be adult survivors who have not received treatment. The training focused on how to be responsive to these survivors' needs for healing. Supporting parents in healing their CSA trauma can support them in being more present for their children, too.

The Colorado Coalition Against Sexual Assault (CCASA) Sexual Assault Advocate Training Institute (SAATI) - Child Sexual Abuse and Its Impacts on Children, Youth and Adults

This institute provided training hours necessary to meet statutory requirements for victims' advocates. SAATI is designed for staff at community- and campus-based sexual and domestic violence advocacy programs. It is also appropriate for staff at law enforcement and district attorney's victim assistance programs. In these trainings, Illuminate Colorado focused on prevention of CSA and support for child and youth victims, while Wings focused on how CSA trauma impacts adults and how to support their healing journey.



FREEDOM FROM SEXUAL VIOLENCE



Kaiser Permanente - Pelvic Pain Research Project

Wings has been fortunate to provide subject matter expertise to a group of dedicated healthcare and behavioral health providers at Kaiser Permanente Colorado. In 2023, this group of health leaders constructed a research project to examine the impacts of a history of CSA trauma on levels of pelvic pain in their Kaiser East Clinic. Among findings were:

- **1/3 of patients who participated disclosed a history of physical, emotional and/or sexual abuse.**
- **Those who had a history of abuse reported poorer mental function, more medical and mental health conditions, and saw more healthcare providers.**
- **Those disclosing CSA had the most medical and mental health conditions.**
- **Most of those who reported CSA also reported experiencing other types of abuse.**

These findings were shared by Kaiser at the Health Care Systems Research Network conference in April to raise awareness of the high health needs of adult survivors. We thank our champions Erica Morse, MA, Arne Beck, PhD, Chan Zeng, PhD, Brittney Bastow, MD, MSc, Toya Ellis, MD, FACOG, Jennifer Kelloff, MD at Kaiser Permanente for conducting this important research project and for their ongoing support.

EVENTS

Denver Pride

Wings brought our community to Denver Pride to walk in solidarity with the LGBTQIA2S+ community in June. Walking in the Denver Pride Parade was an actionable demonstration of Wings' commitment to equality, justice, and the celebration of diversity. It was a way for us to stand together, show support, and advocate for the advancement of LGBTQIA2S+ rights. Wings was grateful to receive sponsorship support from Given & Associates, Inc. to support our Pride entry. We love it when our Wings community comes together in these ways!





EVENTS

Race for Healing #TogetherWeSoar

In September 2023, Wings hosted our annual Childhood Sexual Abuse Awareness Month (CSA-SAM) and our Race for Healing both in person and virtually. This was our first in-person race since the COVID-19 pandemic hit. It was a special occasion, bringing together community members and partners we had not seen in some time. A wonderful group of survivors, loved ones, allies, and professionals came together in Denver to gather in community to support a shared goal of creating space to heal. Wings strives to create an atmosphere that celebrates resilience, connectedness and courage for survivors and those who support them. Participants clearly enjoyed recognizing the healing power of being together and giving voice to this issue.

Huge thanks to Kevin Thomas for bringing his DJ'ing talents to create an environment of celebration and resilience; to the team at Starbucks on 8410 Pearl Street in Thorton for donating their best breakfast and coffee delights; to Nate Ewart with Somatic Synergies for laying out the race course, as well as offering gift cards for breathwork sessions for top finishers; and to our many community partners, volunteers and sponsors who made the day such a special gathering.

We engaged more than 60 people in this effort at Great Lawn Park and reached many more through online efforts. Over \$16,500 was raised thanks to the generosity of many participants and donors which was DOUBLED thanks to a match by Lisa Levin Appel, in honor of Marilyn Van Derbur Adler and all adult survivors of childhood sexual abuse.



Thank You To Our 2023 Race Sponsors

Lisa Levin Appel
In honor of
Marilyn Van Derbur Adler



2023 Race For Healing Participants, Photo Credit: Kathy Wells Photography

MISSION ADVANCEMENT

Extreme Leadership in Austin, Texas

In April, Wings was chosen to be supported through a fundraising challenge by a leadership development program held in Austin, Texas, by expert coaches Alexi Panos and Preston Smiles.

A core activity of the weekend became selecting a non-profit, working together to support the cause and sharing about the non-profit to the networks of those attending the leadership retreat. Wings was unanimously selected and supported, with participants raising a collective **\$28,000 from over 250 donors** in just three days. Participants rallied their courage and shared their own experiences of having been sexually abused as a child. Wings thanks everyone who made this Extreme Leadership challenge an impactful success, with all dollars raised supporting Wings' mission.



Extreme Leadership Participants

“Small hinges swing big doors.”

What is Colorado Gives Day?

Colorado Gives Day is an annual tradition celebrated on the first Tuesday of December by all who call Colorado home (and even those who do not). This special sort of local “holiday” is a day where Coloradans are encouraged to lift their communities with both joy and generosity.

The event is hosted by ColoradoGives.org, an online giving platform where hundreds of Colorado nonprofits are listed for donors to explore and align with.



Survivor Highlight

For our 2023 Colorado Gives Day campaign, we were honored to highlight Wings’ past group member, Katie Hoyt, as well as her parents, Mari and John Hoyt. The Hoyt family provides consistent support for Wings programming as monthly donors, a choice they have made in appreciation of the support they received.

Donations, like those the Hoyts have made, ensure that when adult survivors with financial need reach out to Wings for support, they will be connected to resources that can help them create stronger, healthier lives, relationships, families, and communities. It takes all of us to change the culture. When we work together, we can transform systems of silence into systems of support.

Sharing Your Story

Are you a Wings support group graduate who may want to share your story? Contact our Communications Coordinator, Becky, at becky.harrison-brzezinski@wingsfound.org.

Giving Opportunities

There are many ways to support adult survivors, like Katie!

[Explore them all.](#)

MISSION ADVANCEMENT

Katie's Story

Katie Hoyt joined a Wings support group when she felt ready in her healing journey, after being encouraged by her therapist. It took some time for her to feel comfortable to reach out. She prepared herself to do so by visiting the Wings' website and browsing. From there she felt comfortable enough to make a phone appointment.

Katie attended a Wings support group for one year.

“The group setting facilitated my healing of my shame. I continued to work with my personal trauma therapist, but the group setting was the key for me. My first time at support group I said my name and that was it, I couldn't speak. Slowly I was able to open up, and I was very supported and learned I wasn't alone in my experience. I eventually got to a place where I could speak freely. It was an honor to eventually become the example of healing to new members that I had from the seasoned members when I first joined.”

Katie is most proud of how far she has come in her healing path.

“I value my life now. I think I have something to offer the greater whole.”



Read more of
[Katie's Story](#)

Thank you to ALL donors who gave to Wings through Colorado Gives Day and year-end giving. Your support makes such a difference!

Through her healing journey, Katie's parents, Mari & John, have been a support system for Katie as well as generous donors to Wings.

“Simply put, Wings gave Katie her life back. There was so much of her healing that could only be helped by people who had walked her walk and survived and healed. ... [Wings] helped our daughter learn to not only survive but thrive. We will always be grateful for [Wings'] help. And if we can help Wings do this for others, we absolutely should do that.”



Katie Hoyt and her parents

To those who have been supporting Wings' mission already, to make these services available, the Hoyts have a special message for you:

“Thank you for helping countless survivors! There are very few programs like this in the United States and we were so fortunate to have them right in the Denver area.”

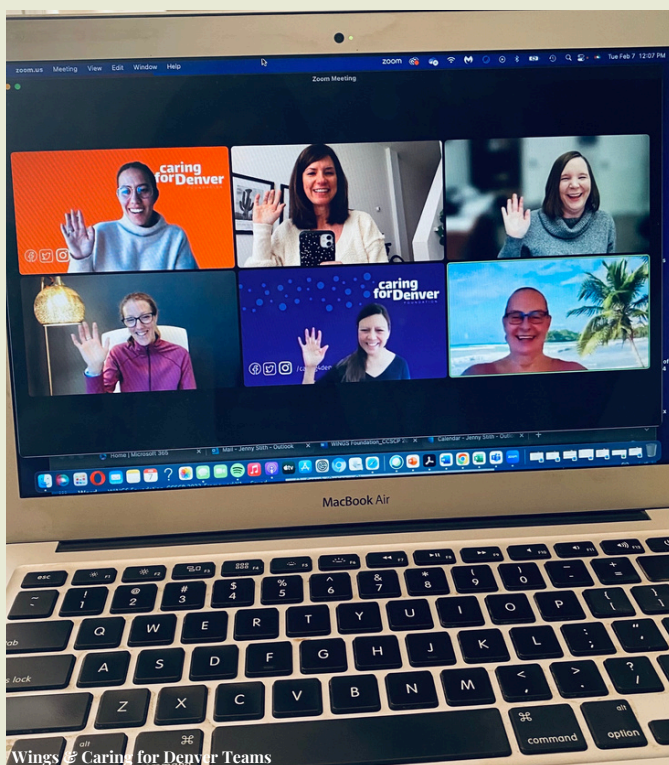
OUR DONORS & SUPPORTERS

New Funding Partners

In 2023, Wings was delighted to be awarded two-year grant funding from the **Caring for Denver Foundation**, whose mission is to address Denver's mental health and substance misuse needs by growing community-informed solutions, dismantling stigma, and turning the community's desire to help into action.

Caring for Denver's support helps Wings offer our direct services to survivors living in Denver, helping them address some of the mental health challenges that are often associated with CSA trauma. In 2023, we were excited to partner our external evaluation efforts with that of Caring for Denver, to focus even more closely on the impact we make in the lives of adult survivors.

We were also honored to be a new grantee of Colorado's **Domestic Violence Program (DVP)**, which is a unique entity focused on funding organizations who serve clients experiencing domestic violence. For the first time, DVP opened funding opportunities to organizations serving survivors of sexual assault.



Renewing Funding Partners

Wings plays a unique role in the sexual assault services space, as many adult survivors of CSA also experience re-victimizations through adult sexual assault and/or intimate partner violence or domestic violence in their later years. We are always educating stakeholders on these important connections because we believe that helping adults heal their unresolved CSA trauma will reduce the likelihood that they will experience additional victimization throughout their lives.

At the end of the year, Wings also received funding from the **Colorado Gives Foundation** as part of their Thriving Jeffco initiative. This funding supports our core work in Jefferson County.



In 2023, we also appreciated renewed support from funding partners including **The Anschutz Foundation, Colorado Division of Criminal Justice Office for Victims Programs, and the Colorado 1st, 2nd, 17th, and 18th Judicial Districts.** These investments in Wings' mission fuel our adult survivor-centered programs and services in the state of Colorado.



THANK YOU

Wings would like to thank the following community foundations and organizations, government partners, corporations, and individuals for supporting our work in 2023. We are honored to have you by our side, as we build systems of support for adult survivors. Thank you for being a valued partner in this work!

Individuals \$500+

Randy Adler	Nancy Gooding	Jacqueline Mendelsohn
Elaine & Max Appel	Katie Hoyt	Deborah Neubek
Lisa Levin Appel	Nancy Itteilag	Michael Palisi
Ellen & John Bywaters	Michael Jasper	Cindy & Robert Piggot
Lindsey & David Cerullo	Trevor Kindell	Paul Sommer
Jean & Ray Clements	Marti Kovener	Deborah & Robert Stoffel
Tamy & Gabriel Erle	Dr. Meg Lemon & Dr. Joshua Blum	Nicole Todd
Ricki & Trent Feist	Jason Lunday	Gretchen Trefz
Stephen Fermelia	Anne & Jim Mack	Marilyn Van Derbur Adler &
David Franklin	Dawn & Andy Marshall	Larry Adler
Lori Frasco	Jean McAllister	Dr. Marilyn Wiley &
Barry & Pam Gatz	Michelle McClennen	Terrance Skantz

Note: Wings received several gifts in 2023 from individuals that chose to remain anonymous. We thank them for their support.

Corporations, Foundations & Community Organizations \$500+

Anschutz Family Foundation	CVS Health	Kathy Wells Photography
The Anschutz Foundation	FirstBank	New Directions Colorado
Caring for Denver Foundation	ICF Consulting Services	Schoolcraft Capital, LLC
Colorado Gives Foundation	Insperty	Walmart
The Colorado Trust	Jack T Stephens III Foundation	

Government \$500+

1st Judicial District Victim / Witness Assistance and Law Enforcement (VALE) Board
 2nd Judicial District Victim / Witness Assistance and Law Enforcement (VALE) Board
 17th Judicial District Victim / Witness Assistance and Law Enforcement (VALE) Board
 18th Judicial District Victim / Witness Assistance and Law Enforcement (VALE) Board
 Colorado Department of Human Services: Domestic Violence Program
 Division of Criminal Justice: Victims of Crime Act (VOCA) Program

OUR TEAM

Staff

Jenny Stith, MAT, MA, *Executive Director*
 Ruth Anne Cutright, *Director of Finance, Grants & Administration*
 Lori Frasco, LSW, *Director of Programs and Survivor Services*
 Sarah Eisenbud, MA, *Clinical Manager of Group Services*
 Posha Zubair, LCSW, *Clinical Manager of Survivor Services*
 Jen Franklin, *Accounting Specialist*
 Maggie Fuentes, *Survivor Services Navigator*
 Shannyn Romero, *Survivor Services Coordinator*
 Jocelyne Becerra Garcia, *REACH Program Coordinator*
 Becky Harrison, MA, *Communications Coordinator*



Wings Staff

Contractors

Jean McAllister, MSW Lead Consultant,
 CSAS Systems Improvement
 Dafnah Meron, LCSW Contract Supervisor
 Shirley Dollesin
 Lorraine Good, LMFT
 Masako Suzuki, LPC, RPT
 Lisa Ingarfield, PhD., External Evaluator

Board

Marti Kovener, <i>Board Chair</i>	Trent Feist
Ana Soler, <i>Vice Chair & Outgoing Nominating Chair</i>	Ruth Glenn
Taylor Friedman, <i>Outgoing Secretary</i>	Rick Higgins
Ashley Bassim, <i>Treasurer</i>	Donna L. Wilson, Ph.D., LPC, <i>Incoming Nominating Chair</i>
Lisa Levin Appel	
Anne Auld, <i>Incoming Secretary</i>	

Advisory Council

George Sparks, <i>Chair</i>	Toya Ellis, MD	Ben Needham-Wood
Christina Bethell, PhD, MBA, MPH	Arthur Espinoza	Julie Smith
Joshua Blum, MD	Barry Gatz	Ana Soler
Ray Blum, MD	Stuart Kassan, MD	Anne Marie Woodward, MD
Ellen Bywaters	Meg Lemon, MD	Danielle Urban
Former Attorney General Cynthia Coffman	Jim Mack	

PARTNERS IN WINGS' HEALING MISSION

Wisdom Keepers

Apryl A. Alexander, Psy.D., ATSA-F, Associate Professor, Health Management & Policy Director,
UNC Charlotte Violence Prevention Center

Lily Boyce, (Hunkpapa Lakota/Standing Rock Sioux), COVID Native Response Team Member,
The Denver Indian Center

Rick Waters, (Kiowa/Cherokee), Co-Executive Director, Denver Indian Center

Kristiana Huitrón, Executive Director, Voces Unidas for Justice

Nhu-Minh Le, Program Officer, The Colorado Health Foundation

Enid Nieves, Director of Hotline Services, The Center for Trauma & Resilience

Cathy Phelps, Executive Director, The Center for Trauma & Resilience

With support from Taña V. Quintana-Price, MA, LPC Mindful Therapy

The roles, titles, and organizations of the Wisdom Keepers were accurate as of 2023.

State Task Force

Lisa Levin Appel, Wings Board Member

Joyce Aubrey, Finding Our Voices

Anne Auld, Illuminate Colorado

James E. 'Jeb' Barrett, SNAP (Survivors Network of Those Abused by Priests)

Paula Bragg, S.A.R.A. House

Joe Cassa, Wheat Ridge Police Department

Candace Cooledge, PorchLight Family Justice Center

Vista Exline, Victim Outreach Information

Lori Frasco, LSW, Wings

Emily Hassler, BA, M.Div., C.A.S., Substance Abuse Counselor, Former Pastor

Ashley Jellison, Colorado Children's Alliance

Linda Johnston, Ending Violence Against Women Project, Colorado District Attorney's Council

Nicole Lopez, Porchlight Family Justice Center

Emily Tofte Nestaval, Rocky Mountain Victim Law Center

Jean McAllister, MSW, Lead Consultant, CSAS Systems Improvement

Agueda Morgan, Colorado Coalition Against Sexual Assault

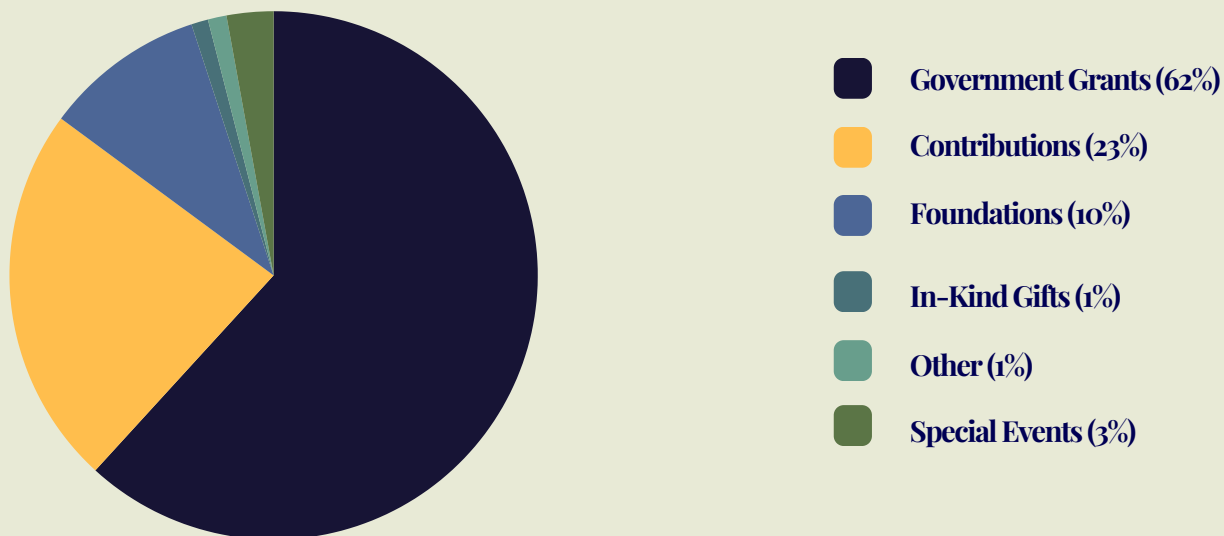
Adrienne Sines, Community Reach

Jennifer Stith, MAT, MA, Wings

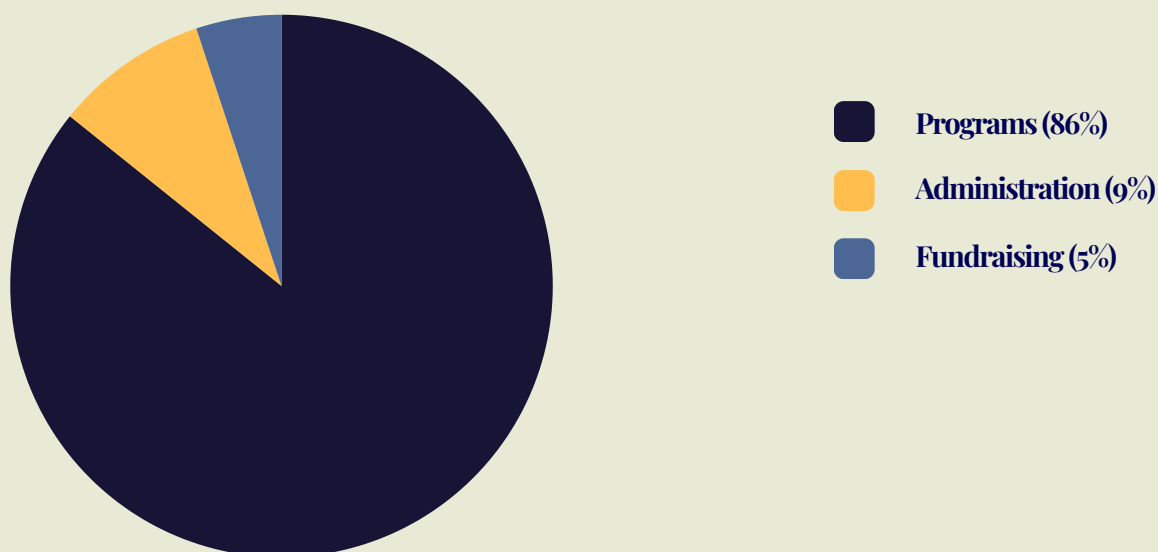
2023 FINANCIALS

Wings is committed to demonstrating transparency in how we manage the generous support of our donors, funders, and partners in how we achieve community impact.

Revenue: \$1,118,432*



Expenses: \$1,069,806*



*Independently Audited

To learn more about our impact, as well as the financial position of our organization, please visit our [website](#).

Gratitude

The quality of being thankful; readiness to show appreciation for and to return kindness.





Wings

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